Dear Parents,

We warmly welcome all the new children and their families to MotherCare. Spring is in the air and the garden is getting the look of spring.

With commencing of spring the warmer days are making their way in. We are gradually starting our Summer Schedule and we would appreciate if the children could be dropped to the school not later than 9:15 a.m. especially the two senior groups since most of the activities/themes are discussed and planned in the morning. It is also helpful for the child and the teacher to catch up with work that has not been completed the previous day if the child is in school on time.

We at MotherCare have continuously strived to create an environment that enhances the love for learning in young children. We would like to share some of the basic guidelines that we endeavor to follow while working with children.

We believe that:

- Children are whole people.
- All children go through the same sequences of development but will vary in the exact way or time they do.
- Milestones sometimes can be very misleading if constantly subjected to comparisons.
- Cultural differences mean that norms vary across the world in terms of what young children are expected to do at different points.
- Normative development tends to make us compare children with each other but we must not forget to ask ourselves, ‘Is this good progress for this particular child?’ instead of saying, this child is so good and that child is not.
Therefore as parents, please remember that early is not always best for every child especially if you are looking only at your child’s academic progress. Many countries have now recognized unnecessary stress/pressure on children under the age of 5 to excel in academics as **Intellectual abuse**. Furthermore, numerous researches have established the fact that children who are subjected to humiliation due to their inability to learn and become academically superior often have a low self-esteem. We are not trying to help children learn what we want them to learn, we are trying to help children learn what they want to learn so that they eventually develop a deep love for learning. Learning is never ending and if one does not love to learn, one will never learn.

We hope that we will continue to receive your constant support and co-operation to help bring forth the essence and the importance of an early childhood education in its true form.

In order to maintain the happy atmosphere at the school, parents are requested not to let the children come with toys to the school unless informed by the teacher since this sometimes causes conflict among the children. Books to share during story time are welcome.

The holiday list and the newsletter will be available to download from our website: [www.mothercare.edu.np](http://www.mothercare.edu.np)

Thanking you for your constant support and co-operation.

Yours sincerely,

Srijana Lama

**Holidays**

- **Holi**: 23rd March 2016
- **Spring Break**: 11th April 2016 to 22nd April 2016 (School re-opens on 25th April 2016)