Dear Parents,

We warmly welcome all the children back to the school and hope that you had a good vacation. Several new children have joined us this term and we welcome the new children and their family to our kindergarten. Thank you for choosing Mothercare for your child.

The school closed for the winter on a positive note with Christmas play being the highlight, all the children were terrific in their roles. On the other hand with much gratitude and a heavy heart we had to bid farewell to our dear Tara teacher as she now chooses to spend some time with her family. We could never thank her enough for giving her long eighteen years to the school.

The winter camp run by some of our teachers was also a success. All the children who participated in the camp had a great time and enjoyed the camp. A round of applause for all the didi’s and teachers who have worked hard to make it a success.

Most of the children from the Jupiter class are being prepared to leave Mothercare in order to join as first graders as always. This is always a stressful time for us all, the children, parents and the teachers since most of the parents are keen on admitting their children into the mainstream schools in the valley. Over the years we have seen several children go through traumatic experiences during this transition since most parents subject their children to a rigorous process to prepare them for the entrance exam. These negative experiences often leave a darker scar on the children, especially if they do not pass the entrance exam and we at Mothercare feel very disturbed about the whole process. According to several experts in the field of Early Education, young children under stress (due to academic pressure) often develop an aversion to learning in the later years. They may become prone to being told what to do rather than making their own choices. Their research abilities, imaginative and creative thought processes, critical thinking and other such positive traits begin to diminish as they
grow older if only subjected to rote learning. We hope that the parents who have put their trust on us begin to see the larger picture and make changes in their thoughts regarding further education. We at Mothercare choose to HOPE over EXPECTATION as expectation builds pressure and stress while hope increases self esteem and autonomy. We believe in our children and have faith in them as they have come to this world for a purpose.

During the holidays, some of the teachers attended the workshop/refresher on Early Childhood conducted by our principal Mrs Sapna Thapa and her colleague Deborah who had come from America, at John Dewey School.

We would also like to take this opportunity to remind all the parents of Jupiter class to kindly contact the John Dewey office for registration from the first week of February. There is no entrance exam but the registration is on a first-come-first-served basis.

For the parents who are not sending their children to John Dewey, kindly contact the school office if you require any certificates/letters for admission in other high schools as General Assessments will be ready only by mid-March.

**Fees for the Fourth term is now payable. Kindly refer to the bill sent earlier.**

The holiday list and the newsletter will be available to download from our website: www.mothercare.edu.np

Thanking you for your constant support and co-operation.

Yours sincerely,

[Signature]

Srijana Tamang

**PS:** Please note that Democracy Day holiday is on the 18th of February and not on the 19th.